



## PRESCRIPTION MEDICATION POLICY

Oral narcotic pain medications are used to control postoperative surgical pain. These medications frequently have significant side effects, including nausea, drowsiness, constipation and respiratory depression. They often interfere with other medications that you take for unrelated problems. They can also be habit forming and tolerance is common. For these reasons, narcotics must be respected and actively managed to be taken safely and effectively.

All refills requested must be submitted through your pharmacy. Plan on at least 3 days to process refills, as there are several steps in the process. Please understand that doctors must review and sign refill authorizations and as surgeons they are not in the office every day. Plan ahead for weekends and holidays, as refills are not possible outside normal business hours.

It is the policy of Roseville Orthopedic and Sports Medicine to prescribe medications for no longer than 90 days after a surgical procedure. By then, the surgical pain has resolved. Any remaining discomfort requiring medication will need to be managed by your primary care doctor or pain management specialists.

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_

